



**LONG ISLAND  
FIBER EXCHANGE**

Long Island Fiber Exchange Announces New Key Hire to Help  
Achieve Company's Growth Plans

NESCONSET, N.Y., Sept. 26 /PRNewswire/ -- Long Island Fiber Exchange, Inc. (LIFE), Long Island's leading provider of high quality low cost fiber optic solutions that include fiber networks, hosting, internet and voice services, risk reduction and technology integration services announced the addition of a key member to their staff. Effective September 15<sup>th</sup>, 2008, Herb Grubman will be directing the Sales and Marketing efforts for LIFE.

According to Kurt Berlinghof, a Principal of LIFE, "Herb brings the executive sales and marketing experience we need to drive our business forward. As LIFE moves into more vertical markets and expands our breadth of service offerings, we recognized the need to bring in proven talent to help us achieve our aggressive growth targets. With Herb's personal network of relationships and extensive sales experience in the marketplace, we are excited about our ability to execute our plans for managed growth in the years ahead."

Herb has over twenty years of experience directing sales teams for other leading technology companies such as Custom Computer Specialists Inc., Xerox and Unisys. Herb earned his MBA at St. John's University and is also a graduate from Queens College, CUNY.

Founded in 1999, LIFE is located at 120 Lake Avenue South, in Nesconset, New York, and is the leading provider of customer-specific and low cost telecommunication solutions for the business community, universities, school districts, hospitals and municipalities. LIFE is an established facilities-based Competitive Local Exchange Carrier (CLEC) with an existing 500 mile fiber optic network in Nassau and Suffolk Counties on Long Island, NY. LIFE's services include constructing, managing and maintaining fiber optic networks for clients. Additionally, LIFE offers High-Speed Internet Access, Voice Services, Colocation, Website Design/Hosting, E-Mail

Services, SPAM Filtering, Data Backup/Disaster Recovery, and Network Integration.

Contact:

Long Island Fiber Exchange, Inc.

120 Lake Avenue, Suite 15

Nesconset, NY 11767

Phone: (631) 780-6783

Fax: (631) 780-6786

Kurt Berlinghof

Email: [kberlinghof@longislandfiber.com](mailto:kberlinghof@longislandfiber.com)

Herb Grubman

Email: [hgrubman@longislandfiber.com](mailto:hgrubman@longislandfiber.com)

CONTACT: Kurt Berlinghof, [kberlinghof@longislandfiber.com](mailto:kberlinghof@longislandfiber.com), or Herb Grubman, [hgrubman@longislandfiber.com](mailto:hgrubman@longislandfiber.com), both of Long Island Fiber Exchange, Inc., +1-631-780-6783, or fax, +1-631-780-6786